



A tragedy born of atrocities

By Aaron Glantz and Luis Carlos Montalván
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We need to comprehend the seemingly incomprehensible. Why would Army Sgt. John Russell kill five of his fellow soldiers in a combat stress clinic at Camp Liberty in Iraq?

While a shocking act, it is the predictable outcome of a conflict soaked in atrocities.

After the United States invaded Iraq and Afghanistan, U.S. troops and the enemies of those troops have engaged in a cycle of brutality. Both have engaged in acts of terror that have caused widespread trauma and psychological desensitization.

We bombed their mosques, and they drove cars laden with explosives into American patrols. We humiliated, tortured and photographed detainees, and they kidnapped, tortured and executed soldiers and journalists on video. In too many incidents, we murdered or raped unarmed civilians. They followed suit by creating a landscape of lawlessness, with high-level assassinations and bombings that created mass casualties.

These atrocities on both sides haunt our veterans. It's why soldiers like Russell crack and open fire on seemingly random targets. It's why the military's suicide rate continues to escalate. It's why incidence of violent crime and domestic abuse are on the rise in America's base towns and cities.

In Washington, politicians and generals have begun to talk about the stress of repeated deployments and the lack of available mental health care as causes of these incidents. Nearly 800,000 service members have already served at least two tours -- and the non-partisan Rand Corp. estimates more than 300,000 suffer from either post-traumatic stress disorder or major depression, with only half of those afflicted getting the care they need.

But while the stress of multiple tours is central to these crimes, it isn't the only culprit.

Standard operating procedures that instruct our soldiers and Marines to perform morally questionable tactics like reconnaissance-by-fire (where soldiers fire their guns in an attempt to locate the source of "enemy" fire), the constant searches of homes without probable cause, massive and questionable round-ups of military-age males and the non-standard but all-too-common brutal interrogations take their toll.

They induce guilt and shame, which pushes some soldiers toward violence or suicide. Consider for a moment, the life and death of Alyssa Peterson, an army interrogator who killed herself in September 2003. Peterson had been assigned to the U.S. prison at Tal Afar in Northwestern Iraq.

Three years later, KNAU radio reported on the Army's probe of her death. They noted Peterson had been "reprimanded" for showing "empathy" for the prisoners and that she had refused to participate in their torture. "She said that she did not know how to be two people;" the report read. "She ... could not be one person in the cage and another outside the wire."

Carl Jung, the analytical psychiatrist said, "The healthy man does not torture others -- generally it is the tortured who turn into torturers."

If Adm. Michael Mullen, chairman of the Joint Chiefs of Staff, is indeed serious about "the need for us to redouble our efforts in terms of dealing with the stress" of combat, then he, Defense Secretary Robert Gates and President Obama should think about the vicious cycle of torture and torment.

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